

## CLAIMS

1. A bicycle bar grip, particularly for touring bikes and mountain bikes, comprising

a sleeve (10,45) comprising a sleeve slot (30), for being slipped onto a bike handlebar (12), the sleeve (10,45) comprising a clamping area (18) arranged at an edge of the sleeve (10,45),

a clamping means (20) connected with the sleeve (10,45) in the clamping area (18), and

a grip element (16) connected with the sleeve (10,45),

characterized in that

the grip element (16) comprises a supporting portion (32) for supporting a palm and a holding portion (34), the holding portion (34) projecting into the clamping area (18) at a distance from the sleeve (10,45) so that both the supporting portion (32) and the holding portion (34) form a common grip surface and/or a common holding surface together with the clamping means (20).

2. The bicycle bar grip of claim 1, characterized in that the supporting portion (32) is in contact with the palm upon gripping in the grip surface as well as upon holding in the holding surface.
3. The bicycle bar grip of claim 1 or 2, characterized in that the clamping means (20) is configured as a holding bar end extension (22).

4. A bicycle bar grip, particularly for touring bikes and mountain bikes, comprising

a sleeve (10,45) comprising a sleeve slot (30), for being slipped onto a bike handlebar (12), the sleeve (10,45) comprising a clamping area (18) arranged at an edge of the sleeve (10,45), for arranging a clamping means (20),

a grip element (16) connected with the sleeve (10,45),

a holding bar end extension (22) comprising the clamping means (20), the clamping means (20) being connected with the sleeve (10,45) in the clamping area (18) for connecting the holding bar end extension (22) with the sleeve (10,45),

characterized in that

the grip element (16) comprises a supporting portion (32) for supporting a palm, the supporting portion (32) being in contact with the palm upon gripping the grip element (16) as well as upon holding the holding bar end extension (22).

5. The bicycle bar grip of claim 4, characterized in that the grip element (16) comprises a holding portion (34) forming an integral unit with the supporting portion (32) and projecting into the clamping area (18) at a distance from the sleeve (10,45) and being in alignment with the holding bar end extension (22) in particular.
6. The bicycle bar grip of one of claims 1-5, characterized in that the supporting portion (32) comprises a contact surface being in contact with the palm upon altering the grip from the grip element (16) to the

holding bar end extension (22) or the clamping means (20) or vice versa.

7. The bicycle bar grip of claim 6, characterized in that the contact surface is three-dimensionally configured such that a turning of the palm is effected on the contact surface while the grip is altered.
8. The bicycle bar grip of one of claims 1-7, characterized in that the holding portion (34) is configured such that it is also held at least partially when the holding bar end extension (22) and/or the clamping means (20) are held.
9. The bicycle bar grip of one of claims 1-8, characterized in that the supporting portion (32) is wedge-shaped in cross section and, in longitudinal section, has a greater thickness outside than inside, particularly at the transition to the holding portion (34).
10. The bicycle bar grip of claim 9, characterized in that the length of the holding bar end extension (22) along with the holding portion (34) substantially corresponds to the width of a hand.
11. The bicycle bar grip of one of claims 1-10, characterized in that the holding portion (34) has an inner contour corresponding at least partially to an outer contour (38) of the holding bar end extension (22) or the clamping means (20) and particularly effecting a positive connection between the holding bar end extension (22) or the clamping means (20) and the grip element (16).
12. The bicycle bar grip of one of claims 1-11, characterized in that the supporting portion (32) has a contour being substantially configured so as to correspond to the contour of a palm.

13. The bicycle bar grip of one of claims 1-12, characterized in that both the holding bar end extension (22) or the clamping means (20) and the grip element (16) are at least partially covered by a shell covering particularly the clamping means (20) of the holding bar end extension (22).
14. The bicycle bar grip of claim 13, characterized in that the shell is configured at least partially as a spacing fabric (42), particularly on an upper side of the supporting portion (32).
15. The bicycle bar grip of one of claims 1-14, characterized in that the grip element (16), particularly the supporting portion (32), comprises a pad (40) including a deformable, particularly gel-like material, the pad (40) having a higher deformability than the grip element (16).
16. The bicycle bar grip of one of claims 1-15, characterized in that the sleeve slot (30) and/or a horn slot (26) of the clamping means (20) are filled with an elastomer material, the material particularly corresponding to the material of the grip element (16).
17. The bicycle bar grip of one of claims 1-16, characterized in that the grip element (16) comprises a connection projection projecting into the clamping area (18).
18. The bicycle bar grip of one of claims 1-17, characterized in that the grip element (16) comprises recesses (52) for receiving the fingers.
19. The bicycle bar grip of one of claims 1-18, characterized in that the clamping means (20) comprises a screw (28) cooperating with a blind bore thread, the screw (28) being completely sunk in the clamping means (20).

20. The bicycle bar grip of one of claims 1-19, characterized in that the sleeve (10,45) has a wing-shaped projection projecting into the supporting portion (32).
21. The bicycle bar grip of claim 20, characterized in that the wing-shaped projection (46) projects into the holding portion (34).
22. The bicycle bar grip of claim 20 or 21, characterized in that the wing-shaped projection (46) comprises through holes (52) for improving the connection with the grip element (16).
23. The bicycle bar grip of one of claims 1-22, characterized in that the sleeve (10,45) comprises through holes into which projections of the grip element (16) project.
24. The bicycle bar grip of one of claims 1-23, characterized in that the sleeve (10,45) comprises an eyelet (50) projecting into the clamping area (18) for fixing the position of the clamping means (20).
25. The bicycle bar grip of one of claims 1-24, characterized in that the bicycle bar grip has an offset relative to a handlebar (12).
26. The bicycle bar grip of claim 25, characterized in that the offset is caused by a thickening (39) provided substantially in the middle of the grip element (16).